

PRESS RELEASE

POETRY IN EMOTION

Poetry audiobook celebrates the bond between grandparents and children

The love between grandparent and child is unique and this important bond is now celebrated in a poignant poetry audiobook. *Limehaven: Poems for my grandparents* is narrated by British poet Vicky Arthurs, who wrote the book as a tribute to her own Nan and Granddad.

“*Limehaven* is really a celebration of grandparents everywhere. They’re the unsung heroes of the family. Many help out with childcare and make a real difference to a child’s life,” said Vicky.

According to research by Age UK¹, 76% of adults believed their relationship with their grandparents was important. Many learned valuable life lessons and skills and played games with their grandparents. Around a quarter of people surveyed said their grandparents even helped them develop their sense of humour.

Writer Vicky Arthurs said: “I spent a lot of time with my grandparents from a very young age. I wanted to capture the simplicity and joy of that relationship in the book.”

Vicky’s poems are vivid and childlike, conveying a sense of innocence and wonder at nature. Yet the book also tackles serious themes such as war and loss.

“My grandparents belonged to the generation who lived through two World Wars. Looking back, it defined them. They told a lot of stories about wartime and they were almost self-sufficient.

“Their small bungalow was surrounded by a wonderful garden. There were apple trees, raspberry canes, gooseberry bushes and row on row of vegetables. It was a wonderful place to explore. And my Nan’s stewed apple and custard was second to none!” said Vicky.

The author’s obvious affection for her grandparents shines through the poems. *Limehaven: Poems for my grandparents* is out now in paperback and audiobook editions, published by Cedarbird. (Available worldwide.)

-ENDS-

(300 words)

Contact

Vicky Arthurs at writer@vickyarthurs.com for review copies or more information.

Download the full media kit (including images): www.vickyarthurs.com/mediakit

Notes for editors

1. Results of a survey by Age UK can be found here: <https://www.ageuk.org.uk/latest-press/archive/food-triggers-the-nations-fondest-memories-of-grandparents/>
2. National Grandparents' Day is celebrated around the world on various dates.
UK: First Sunday of October (6 October 2019).
USA: First Sunday after Labor Day (8 September 2019).

Praise for *Limehaven: Poems for my grandparents*

"Joyous... a gorgeous childlike voice." (*Robin Houghton, Envoi*)

"Affectionate, poignant and compelling." (*Susan Elkin, The School Librarian*)

"The best debut collection I've read in ages." (*Elaine Cusack, Culture Magazine*)

"Powerful, emotive and personal." (*Living North*)

"Arthurs' gift for tenderness... is so powerfully demonstrated in this collection." (*Paul Blake, Brittle Star*)